

# Living Matrix Functional Medicine History Form

This online functional medicine intake form was designed in collaboration with the Institute of Functional Medicine to provide an in-depth functional medicine history. Living Matrix provides a comprehensive look not only at your symptoms but provides a timeline of events that are often related to an illness. The report displays imbalances in a graphical form, which is easy to understand. The Functional Medicine Institute has developed standardized functional protocols designed to address each area of imbalance and stress. The form takes about an hour to complete, but the insights it provides are well worth the effort. The graph below should be almost the same shape as the octagon it surrounds. The further away from the points the more imbalance there is in the body.

We offer this service free for both our patients and non-patients. Filling out this history and reviewing the report it creates will give you a much better understanding of your health issues and what to do about them.

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